From: "THIS WEEK on TED.com" <newsletter@ted.com> Subject: Making work-life balance WORK Date: February 9, 2011 7:15:44 AM CST To: <craig.nansen@minot.k12.nd.us> Reply-To: "THIS WEEK on TED.com" <newsletter@ted.com>



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### February 9, 2011

# This week, play with social robots, balance work and play, and run for your life.







Cynthia Breazeal dreams up and builds robots that teach, learn -- and play. Watch for amazing demo footage of a new interactive game for kids. Watch now >>

Nigel Marsh lays out an ideal day balanced between family time, personal time and productivity -- and offers encouragement to make it happen. Watch now >>

Poet Suheir Hammad performs two spinetingling spoken-word pieces: "What I Will" and "break (clustered)" -- meditations on war, peace, women, power. Watch now >>

Christopher McDougall explores the mysteries of the human desire to run. He tells the story of the marathoner with a heart of gold -- and the hidden tribe in Mexico that runs to live. Watch now >>

As social media outgrows traditional media, and women users outnumber men, Johanna Blakley explains what changes are in store for the future of media. Watch now >>

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Kimberly Carroll on Bruce Feiler: The council of dads

In an age when it's easier than ever before to connect with

## Most Emailed This Week



Jake Shimabukuro plays "Bohemian Rhapsody" others, more and more of us are finding ourselves distanced from friends, family, & even those living next to us. A physician of mine once said to me, "Every time I lose my cell phone I have to make new set of friends!" Those in our Contact list may be a mere press of a button away, but it is often a fragile connection, at best. Our sense of community is changing before our very eyes, & as it is, many of us seem to be all the poorer for it. More than the issue of cancer, or how important the role of a father, was Mr. Feiler's hope for others to strengthen relationships & create for themselves a community. I found his message inspirational & quite relevant."



## Aemi Daniels on Dale Dougherty: We are makers

The more we fiddle with what we have, making things just for the sake of making them, the more we realize we CAN do, and thus the more useful stuff is made with that knowledge. look at those electric muffins. That was people trying to find a way to build a cheap vehicle that didn't require gas just to see if they could do it, and now thanks to people playing with the idea long enough we're starting to see electric cars on the road that could limit carbon footprints.

It doesn't have to be useful now for it to inspire something useful in the future."

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Martin Jacques: Understanding the rise of China